

## Catholic Charities Enterprises: DCOA Congregate Halal Meal Service - May 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> BBQ Chicken Vegetarian Baked Beans String Beans Tossed Salad w/ Dressing Corn Bread Margarine 100% Apple Juice	<b>3</b> Stir-Fry Chicken Rice Stir-Fry Vegetables Tossed Salad w/ Dressing Egg Rolls Duck Sauce Banana, Fresh	<b>4</b> Grilled Salmon Oven Roasted Potatoes Carrots Tossed Salad w/ Dressing Pita Bread Margarine 100% Grape Juice	<b>5</b> Oven Fried Chicken Macaroni and Cheese Collard Greens Tossed Salad w/ Dressing Corn Bread Margarine Tropical Fruit Cup	<b>6</b> Turkey on Croissant Lettuce and Tomato Cucumber Salad Tossed Salad w/ Dressing Croissant Mayonnaise/Mustard Packet 100% Orange Juice
<b>9</b> Lemon Herb Chicken Rice and Chick Peas Spinach Tossed Salad w/ Dressing Flat Bread Margarine 100% Apple Juice	<b>10</b> Oven Fried Flounder Oven Roasted Potatoes Cabbage Tossed Salad w/ Dressing Corn Bread Margarine Banana, Fresh	<b>11</b> Lasagna with Meatsauce Peas Tossed Salad w/ Dressing Garlic Bread Margarine 100% Grape Juice	<b>12</b> Roasted Rosemary Chicken Vegetarian Baked Beans Carrots Tossed Salad w/ Dressing Corn Muffin Margarine Tropical Fruit Cup	<b>13</b> Turkey Ham and Cheese Sandwich Lettuce and Tomato Cole Slaw Tossed Salad w/ Dressing Wheat Bread Mayonnaise/Mustard Packet 100% Orange Juice
<b>16</b> Spaghetti with Meatsauce Zucchini Tossed Salad w/ Dressing Garlic Bread Margarine 100% Apple Juice	<b>17</b> Chicken Stew Rice Potato and Carrots Tossed Salad w/ Dressing Corn Bread Margarine Banana, Fresh	<b>18</b> Parmesan Crusted Tilapia Garlic Roasted Potatoes Green Beans Tossed Salad w/ Dressing Wheat Roll Margarine 100% Grape Juice	<b>19</b> Beef and Broccoli Fried Rice Broccoli Tossed Salad w/ Dressing Vegetable Spring Rolls Duck Sauce Tropical Fruit Cup	<b>20</b> Curry Chicken Wrap Carrot Raisin Salad Three Bean Salad Tossed Salad w/ Dressing Wrap Mayonnaise/Mustard Packet 100% Orange Juice
<b>23</b> Curry Chicken Basmati Rice Chick Peas Tossed Salad w/ Dressing Pita Bread Margarine 100% Apple Juice	<b>24</b> Grilled Salmon Burger French Fries Onion Vinaigrette, Lettuce, Tomato Tossed Salad w/ Dressing Wheat Bun Margarine Banana, Fresh	<b>25</b> Mediterranean Chicken Rice Carrots Tossed Salad w/ Dressing Pita Bread Margarine 100% Grape Juice	<b>26</b> Meatloaf Mashed Potatoes w/ Gravy Collard Greens Tossed Salad w/ Dressing Wheat Roll Margarine Tropical Fruit Cup	<b>27</b> Smoked Turkey Sandwich Lettuce and Tomato Cucumber Salad Tossed Salad w/ Dressing Wheat Bread Mayonnaise/Mustard Packet 100% Orange Juice
<b>30</b> Memorial Day	<b>31</b> Salisbury Steak Rice Carrots Tossed Salad w/ Dressing Wheat Roll Margarine Banana, Fresh			